

Curriculum Vitae



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**Fatemeh zarei**

Born in Qazvin, Iran, 19.feb 1978

Marital status: Married

Associate professor

Health Education Department, Health Promotion, Faculty of Medical Sciences, Tarbiat Modares University, Tehran, Iran,

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**Educational background**

2019- fellowship of Learning Electronic, Shiraz University of medical sciences

2013 PhD of health education and promotion

2010 PhD. candidate of health education, Iran University of medical sciences, Tehran. Iran

2006 M.s of Health Education. Iran University of Medical Sciences, Tehran. Iran

2003 BS of Public Health. Tehran University of Medical Sciences, Tehran. Iran

**Awards and Scholarships**

Iranian full scholarship for Bachelor, Master and PhD degrees.

Nominated for Second rank of entrance exam for being as Ph.D. candidate in health education

First Rank Graduated in Master of Health Education, Iran University of Medical Sciences.

Fifth Rank of Entrance Exam for Master Science in health education.

**Employment Experience**

- From 2016 until now: Faculty member of Health Education and Health Promotion Department, Faculty of Medical Sciences, Tarbiat Modares University, Tehran, Iran
- 2015- 2016 Assistant professor Health Education Department, Zanjan University of medical sciences
- 2011-2013 collaboration with health education & promotion office in ministry of health, Tehran Iran
- 2010-2012 collaboration with Tehran municipality, district as representative of policy council of safety community, social damage working group
- 2008-2012 Lecturer in Health Education. School of Public Health, Qazvin University of Medical Sciences, Iran.
- 2008 Secretariat of Health Promotion Research Unit, School Of public health, Qazvin University of Medical Sciences, Iran.
- 2009 Invited lecturer In Qazvin Alborz University, Iran
- 2007-2009 Invited lecturer In Qazvin Dehkoda University, Iran

**Conference Presentations**

<b>No.</b>	<b>Presenter(s)</b>	<b>Title of Presentation</b>	<b>Conference Details</b>	<b>Presentation Type</b>
1	F. Zarei	Art as a Tool and Bridge for Health Promotion	22nd IUHPE World Conference on Health Promotion and Health Education, Curitiba, Brazil, 2016 May	Oral conference presented
2	F. Zaire et al	Health Promotion Conference in Thailand 2013	-	-
3	F. Zaire et al	Essential Skills of Information, Education, and Communication for all Health Workers	Medical Education Congress in Kerbela, Iraq	Oral acceptance presentation
4	F. Zaire et al	An Equity and Diversity Perspective towards Health Research Capacity Building	8th International Congress of Health Education & Promotion in Iran, Tabriz, Iran	Poster acceptance presentation
5	F. Zaire et al	Equity in Health	The First Asia Pacific Conference in Health Education and Health Promotion, Japan	Oral acceptance presentation
6	F. Zarei	Health Promotion Hospital	The First Asia Pacific Conference in Health Education and Health Promotion, Japan	Oral acceptance presentation
7	F. Zarei et al	Curriculum Evaluation of Operating Field Based on the Opinions of Students in QUMS	-	Poster acceptance presentation
8	F. Zarei	Healthy Patient in Healthy Hospital as New Approach	9th IUHPE European Conference, Turin, Italy	Poster acceptance presentation
9	F. Zarei	Health Promoting Hospital	Third Health Education and Promotion Congress, Hamadan, Iran	Oral acceptance presentation
10	F. Zarei et al	Survey of Lifestyle Based on Food Habits in Medical College Students	First Congress of Social Indicators of Health, Gilan University Medical Sciences, Iran	Poster acceptance presentation

**Publication**

1. Abedi Aminloui, E., F. Amin-Shokravai, and F. Zarei, Effect of Educational Intervention on Appropriate Weight Gain in Pregnant Women: A Primary Prevention Approach. *Health Education and Health Promotion*, 2019. 7(4): p. 197-203.
2. Alimohammadi, L., et al., The effectiveness of group counseling based on Bandura's self-efficacy theory on sexual function and sexual satisfaction in Iranian newlywed women: A randomized controlled trial. *Applied Nursing Research*, 2018. 42: p. 62-69.
3. Alimohammadi, L., F. Zarei, and M. Mirghafourvand, Factors associated with sexual dysfunction in newly married women referred to the urban health centers of Zanjan, Iran: a cross-sectional study. *Int J Women's Health Reprod Sci*, 2018. 6(04): p. 477-482.
4. Alimohammadi, L., F. Zarei, and M. Mirghafourvand, The effect of counseling based on Bandura's self-efficacy theory on sexual self-efficacy and quality of sexual life. *Women & health*, 2020. 60(4): p. 473-486.
5. Bahadori, F., et al., Iranian livestock breeders' knowledge, attitude, practice and behavioral determinants related to Brucellosis prevention. 2023.
6. Bahadori, F., et al., Application of the PRECEDE-PROCEED model in prevention of brucellosis focused on livestock vaccination process. *BMC Veterinary Research*, 2021. 17(1): p. 1-13.
7. Besharti, N., F. Jafari, and F. Zarei, Comparison of the Effect of Verbal and Nonverbal Education Based on Self-Efficacy Theory on the Self-Efficacy of Osteoporosis Prevention Behavior in Brides Who Were Referred to Pre-Marriage Counselling Center in Zanjan in 2017. *Iranian Journal of Health Education and Health Promotion*, 2019. 6(4): p. 358-366.
8. Chalambari, S., F. Amin Shokravi, and F. Zarei, Breast Cancer Prevention Behaviors In women with low levels of health literacy of Reproductive Age: Application of Health belief Model. *Journal of Health Literacy*, 2022. 7(2): p. 59-68.
9. Charkazi, A., et al., Effects of the COVID-19 pandemic on lifestyle among Iranian population: A multicenter cross-sectional study. *Journal of Research in Medical Sciences: The Official Journal of Isfahan University of Medical Sciences*, 2022. 27.
10. Ghaderi, N., F. Ghofranipour, and F. Zarei, Survey of sexual satisfaction in married men in Sanandaj in 2020. 2018.
11. Ghaderi, N., et al., Predictors of Sexual Satisfaction based on the Information–Motivation–Behavioral Skills Model in Iranian Men. *Health Education and Health Promotion*, 2022. 10(2): p. 295-301.
12. Ghalavandi, S., et al., Knowledge, attitude, practice, and self-efficacy of women regarding cervical cancer screening. *Obstetrics & Gynecology Science*, 2021. 64(2): p. 216-225.
13. Ghalavandi, S., et al., A blended educational intervention program on Pap-test related behavior among Iranian women. *Reproductive Health*, 2021. 18: p. 1-9.
14. Ghalavandi, S., et al., Translation and psychometric properties of the cervical cancer screening self-efficacy scale. *Iranian Journal of Health Education and Health Promotion*, 2022. 10(1): p. 31-42.
15. Haghighi, M., et al., Assessment Health, Safety & Environment Culture in an Oil Refinery Based On Geller Model. *Iranian Journal of Health Education and Health Promotion*, 2013. 1(3): p. 47-56.
16. Jamali, B., et al., The status of sexual health literacy in Iranian women: a cross-sectional study. *Journal of Nursing and Midwifery Sciences*, 2022. 9(2): p. 132.
17. James, S.L., et al., Estimating global injuries morbidity and mortality: methods and data used in the Global Burden of Disease 2017 study. *Injury Prevention*, 2020. 26(Suppl 2): p. i125-i153.

18. Juyani, A.K., et al., Educational interventions to improve women's preventive behavior of sexually transmitted infections (STIs): study protocol for a randomized controlled trial. *Trials*, 2022. 23(1): p. 1-11.
19. Juyani, A.K., et al., Effective Factors on Women's Social Exclusion After Divorce From the Viewpoint of Tehran Residents. *Journal of Education and Community Health*, 2022. 9(1): p. 54-59.
20. Karami, A., A. Heidarnia, and F. Zarei, Comparison of peer led and teacher led oral health educational program among students. *Brazilian Journal of Oral Sciences*, 2019. 18: p. e191626-e191626.
21. Karami Joyani, A., A. Heydarnia, and F. Zarei, Is peer education more effective than classical training for oral health behavior? *Journal of Health Literacy*, 2018. 3(3): p. 151-162.
22. Karami-Juyani, A., et al., Promoting preventive behaviors of sexually transmitted infections (STIs) through educational intervention based on Instructional System Design (ISD) model: Study protocol for a randomized controlled trial. 2022.
23. Kazemi, S., M. Tavousi, and F. Zarei, Translation and psychometric properties of the sexually transmitted infection prevention scales in females. *Payesh (Health Monitor)*, 2019. 18(2): p. 183-189.
24. Kazemi, S., M. Tavousi, and F. Zarei, A mobile-based educational intervention on STI-related preventive behavior among Iranian women. *Health Education Research*, 2021. 36(2): p. 212-223.
25. Kazemi, S., et al., Social Determinants of Health in Cervical Cancer. *Health Education and Health Promotion*, 2021. 9(4): p. 357-363.
26. Kazemi, S., et al., Improve the cervical cancer prevention behaviors through mobile-based educational intervention based on I-CHANGE model: study protocol for a randomized controlled trial. *Trials*, 2022. 23(1): p. 805.
27. Keshavarz Mohammadi, N., F. Zarei, and S. Parsinia, Health education and health promotion in Iran: Past, Present and Future. *Journal of Health Education and Health Promotion*, 2013. 1(2): p. 66-71.
28. Keshavarz Mohammadi, N., et al., Exploring perspectives of medical staff on hospital's effects on their health: a health promoting hospital's approach. *Razi Journal of Medical Sciences*, 2013. 20(113): p. 36-47.
29. Khazaei-Pool, M. and F. Zarei, Women Opiate Users' perception toward MMT; A Qualitative Study in Iran. *Journal of Human Environment and Health Promotion*, 2016. 1(4): p. 237-245.
30. Khazaei-Pool, M., et al., The effect of an educational intervention based on health belief model on improving smoking preventive behaviors among students. *Iranian Journal of Health Education and Health Promotion*, 2017. 4(4): p. 300-308.
31. Khazaeipour, Z., et al., Personal, family and societal educational needs assessment of individuals with spinal cord injury in Iran. *Neurosciences Journal*, 2018. 23(3): p. 216-222.
32. Khazaeipour, Z., R. Maasoumi, and F. Zarei, Exploring Iranian individual's perception toward divorce after disability related to spinal cord injury. *Spinal Cord Series and Cases*, 2020. 6(1): p. 45.
33. Khazaeipour, Z., T. Saheb, and F. Zarei, Faculties' Perceive Job Motivation beyond their Self-Interests: Emphasis on Community-Based Motivators. *Health Education and Health Promotion*, 2020. 8(1): p. 43-50.
34. Khorasani, J., S. Tavafian, and F. Zarei, Status of Musculoskeletal Pains and Disorders among Computer Users. *International Journal of Musculoskeletal Pain Prevention*, 2018. 3(3): p. 83-86.

35. Khorasani, J., S.S. Tavafian, and F. Zarei, Effect of Educational Intervention Based on the Ergonomic Principles of Working with Computers in Promoting Behaviors Preventing Musculoskeletal Disorders among Health Care Providers. *International Journal of Musculoskeletal Pain Prevention*, 2019. 4(2): p. 192-201.
36. Khorasani, J., S.S. Tavafian, and F. zarei ergonomics educational intervention among healthcare providers who working with computer: a protocol design. *international journal of musculoskeletal pain prevention (ijmpp)*, 2017. 2(4): p. 351-353.
37. Maasoumi, R., et al., Prerequisites of sexual health literacy promoting service: a qualitative study in Iran. *BMC Health Services Research*, 2023. 23(1): p. 1-10.
38. Maasoumi, R., et al., Motivation for protection in sexual relationship during the COVID-19 quarantine: analysis of the sociodemographic variables of the Iranian population. *BMC Public Health*, 2022. 22(1): p. 1052.
39. Maasoumi, R., et al., Exploring the role of religious teachings in Iranian women's sexual life scenarios. *Sexuality & Culture*, 2020. 24: p. 197-208.
40. Maasoumi, R., A. Taket, and F. Zarei, How Iranian women conceptualize the role of cultural norms in their sexual lives. *Sexuality & Culture*, 2018. 22: p. 1376-1390.
41. Maasoumi, R., M. Tavousi, and F. Zarei, Development and psychometric properties of sexual health literacy for adults (SHELA) questionnaire. *Hayat*, 2019. 25(1): p. 56-69.
42. Maasoumi, R., et al., Sexual behavior in Iran: An over review of literatures. *Payesh (Health Monitor)*, 2018. 17(1): p. 21-32.
43. Maasoumi, R., et al., How Iranian women with spinal cord injury understand sexuality. *Trauma Monthly*, 2017. 22(3).
44. Maasoumi, R., et al., Development of a sexual needs rehabilitation framework in women post-spinal cord injury: a study from Iran. *Archives of Physical Medicine and Rehabilitation*, 2018. 99(3): p. 548-554.
45. Merghati Khoei, E., et al., Formation of health-threatening behaviors amongst students: a qualitative study. *Journal of Research and Health*, 2015. 5(3): p. 265-275.
46. Merghati-Khoei, E., et al., How do Iranian people with spinal cord injury understand marriage? *Topics in spinal cord injury rehabilitation*, 2017. 23(1): p. 71-77.
47. Merghati-khoei, E., et al., Priorities of health risk behaviors among high school students in the public schools in 5th restrict of Tehran: A qualitative study. *Journal of School of Public Health and Institute of Public Health Research*, 2014. 12(2): p. 69-80.
48. Merghati-Khoei, E., et al., How a divorcee's sexual life is socially constructed and understood in the Iranian culture. *Journal of Divorce & Remarriage*, 2014. 55(5): p. 335-347.
49. Merghati-Khoei, E.S., et al., Divorce from a divorcee woman's perspectives: A qualitative study. *Journal of Qualitative Research In Health Sciences*, 2020. 2(3): p. 234-247.
50. Mohammadi, N.K., et al., Share of Nations in 37 International Public Health Journals: an equity and diversity perspective towards health research capacity building. *Iranian journal of public health*, 2011. 40(4): p. 129.
51. MohammdZade, B., et al., The association between personal characteristics and educational experiences with academic achievement among the students Zanjan University of Medical Sciences. *Journal of Medical Education Development*, 2017. 9(24): p. 92-101.
52. Moosavifard, S.A., et al., Semi-quantitative risk assessment of TDI and MDI in car paint shops in Alborz province, Iran. *Journal of Mazandaran University of Medical Sciences*, 2016. 25(132): p. 82-90.

53. Nazarnia, M., F. Zarei, and N. Rozbahani, Development and psychometric properties of a tool to assess Media Health Literacy (MeHLit). *BMC Public Health*, 2022. 22(1): p. 1839.
54. Omid, M., F. Aminshokravi, and F. Zarei, Design and Psychometrics of a Questionnaire on COVID-19 Preventive Behaviors Evaluation based on Health Behavior Model. *Health Education and Health Promotion*, 2022. 10(2): p. 315-321.
55. Pakpour, A.H., et al., Health-related quality of life in Iranian patients with multiple sclerosis: a cross-cultural study. *Neurol Neurochir Pol*, 2009. 43(6): p. 517-26.
56. Pakpour, A.H., et al., The PedsQL™ Oral Health Scale in Iranian children: reliability and validity. *International Journal of Paediatric Dentistry*, 2011. 21(5): p. 342-352.
57. Peyman, N., et al., Explanation of unwanted pregnancy from the perspective of family planning service providers: An exploratory study. *The Iranian Journal of Obstetrics, Gynecology and Infertility*, 2016. 19(12): p. 18-26.
58. Rahmani, A., et al., How self efficacy impacts on young women 'risky sexual behavior? A qualitative study. *Journal of Qualitative Research in Health Sciences*, 2020. 4(1): p. 73-86.
59. Rahmani, A., et al., Sexuality research in Iran: A focus on methodological and ethical considerations. *Iranian Journal of Public Health*, 2015. 44(7): p. 979.
60. Rezaei, R., F. Zarei, and H. Tehrani, Exploring the use of social media on teaching and learning science from teachers and student's viewpoint. *Iranian Journal of Nursing Research*, 2018. 13(1): p. 1-10.
61. Rimaz, S. and F. Zarei, Exploring the teaching and learning approaches from the viewpoint of postgraduate students and their lecturers. *Iranian journal of health education and health promotion*, 2013. 1(3): p. 67-82.
62. Sabeti, F., S. Sadat-Tavafian, and F. Zarei, The effect of educational intervention on sexual function of women referred to Health center of southern Tehran. *Nursing Practice Today*, 2018. 5(2): p. 280-289.
63. Seyyedzadeh Aghdam, N., et al., Sexual Function and Sexual Relationships of Breast Cancer Survivors in Reproductive ages: A Qualitative Research. *Health Education and Health Promotion*, 2023. 11(1): p. 1001-1010.
64. Taghizadeh Asl, R., et al., The role of knowledge, risk perceptions, and cues to action among Iranian women concerning cervical cancer and screening: a qualitative exploration. *BMC public health*, 2020. 20: p. 1-12.
65. Tavakoli, R., M. Alipouran, and F. Zarei, Health belief model-based education through telegram instant messaging services on diabetic self-care. *Health Education and Health Promotion*, 2018. 6(3): p. 91-96.
66. Tavousi, M., et al., Measuring health literacy: A systematic review and bibliometric analysis of instruments from 1993 to 2021. *PloS one*, 2022. 17(7): p. e0271524.
67. Tavousi, M., et al., Psychometric properties of health literacy measures in Persian biomedical literature: A systematic review. *Payesh (Health Monitor)*, 2021. 20(6): p. 773-785.
68. Tehrani, H., et al., Educational-communicative factors affecting the health literacy of people with chronic diseases from the perspective of health staff: A qualitative study. *Journal of Qualitative Research in Health Sciences*, 2020. 7(3): p. 326-336.
69. Vaezi, M., et al., Psychometric Analysis of Iron-Deficiency Anemia Prevention Scale among Afghan Children. *International Journal of Pediatrics*, 2020. 8(7): p. 11635-11644.

70. Yarahmadi, S., N. Rozbahani, and F. Zarei, Design and Psychometrics of Tools for Measuring the Consequences of Virtual Social Networks on Married Life. *Iranian Journal of Health Education and Health Promotion*, 2022. 9(4): p. 350-359.
71. Yarahmadi, S., F. Zarei, and F. Jafari, Consequences of Online Social Networks on the Life of Couples: A Qualitative Study Social Online Network Consequences. *Iranian Journal of Health Education and Health Promotion*, 2019. 7(1): p. 30-45.
72. Yarahmadi, S., et al., The prevalence of internet addiction and its associated factors among Iranian adults. *Iranian Rehabilitation Journal*, 2020. 18(2): p. 163-170.
73. Zarei, F., et al., Post-divorce life experience in divorcee women: A qualitative study. *Razi Journal of Medical Sciences*, 2014. 21(124): p. 13-26.
74. Zarei, F., Raziye Maasoumi, Ann Taket &. *Sexuality & Culture*, 2018. 22: p. 1376-1390.
75. Zarei, F., Promoting Spiritual Health: Using Poetry as a Coping Strategy for Iranian Women Post-divorce. *Arts and Health Promotion: Tools and Bridges for Practice, Research, and Social Transformation*, 2021: p. 41-52.
76. Zarei, F., et al., Exploring the strengths, challenges and improvement strategy for health-promoting schools from school health experts. *Iranian Journal of Health Education and Health Promotion*, 2017. 5(3): p. 240-250.
77. Zarei, F. and M. Kamali, Definition and Implication of Social Constructionism Paradigm in School Health. *International Journal of School Health*, 2015. 2(3): p. 1-2.
78. Zarei, F. and S. Kazemi, Health Related Startup: A Virtual Context for Capacity Building. *Health Education and Health Promotion*, 2020. 8(1): p. 1-3.
79. Zarei, F., et al., How does divorce affect Iranian Women's sexual well-being? *Journal of Divorce & Remarriage*, 2013. 54(5): p. 381-392.
80. Zarei, F., et al., The Effect of Ergonomics Training on Reducing the Prevalence of Musculoskeletal Disorders in Dentists in Karaj. *Alborz University Medical Journal*, 2019. 8(2): p. 177-184.
81. Zarei, F., et al., Is the Process of Media Production and Educational Intervention in Iran Standard? *Journal of Human Environment and Health Promotion*, 2016. 1(3): p. 125-129.
82. 115. Zarei, F., et al., Review the proportion of university seats with body dimensions of students at the school of public health of Qazvin university of medical sciences in 1388. *Iran Occupational Health*, 2011. 8(3).
83. Zarei, F. and F. Rakhshani, Netnography: A Method to Study Health Cultures and Communities Online. *Health Education and Health Promotion*, 2015. 3(4): p. 1-3.
84. Zarei, F., et al., A mobile-based educational intervention on sexo-marital life in Iranian men with spinal cord injury: a randomized controlled trial. *Spinal cord*, 2020. 58(11): p. 1189-1196.
85. Zarei, F., et al., Physicians and Patients Perspectives about a Patient Decision Aid Tool for Breast-Conserving Surgery in the Cancer Institute of Iran. *Basic & Clinical Cancer Research*, 2017. 9(4): p. 22-31.
86. Zarei, F. and D. Shojayizade, The effect of educational intervention based on BASNEF model to improve interpersonal communication skills of nurses. *Alborz University Medical Journal*, 2012. 1(3): p. 173-178.
87. Zarei, F., et al., Development and psychometric properties of social exclusion questionnaire for Iranian divorced women. *Iranian Journal of Public Health*, 2017. 46(5): p. 640.

88. Zarei, F., M. Taghdisi, and H. Tehrani, Normalizing health values in the socialization process. *Journal of Research and Health*, 2012. 2(2): p. 169-171.
89. Zarei, F., et al., Health promoting hospital: a pilot study in Bo-Ali hospital, Qazvin, Iran. *Journal of Fasa University of Medical Sciences*, 2013. 3(3): p. 215-223.
90. Zarei, F., et al., Effect of exogenous testosterone, finasteride, and castration on serum level of thyroxin. *Iranian Biomedical Journal*, 2013. 17(4): p. 221.
91. zarei, f., k. zendehdel, and p.m. khazaei, art and health an inseparable chain: an application of infographic in cancer health education. 2016.
92. Zarei, F., et al., Patient decision aids (PDA) for breast conserving from physicians and a patient's perspective: A qualitative study. 2016.

**Books**

Book Title	Publication Year	Publisher
Global Perspectives on Children's Health Literacy	2023	Springer
Glossary of Health Promotion	2021	Translation into Persian 2023
Digital Media & Health	2012	Sobhan Press Tehran Iran
After Divorce	2014	Masgh-e-shab Press Tehran Iran
Mental Health based on Sahifiye sajadiyeh	2017	Press Tehran Iran
Arts and Health Promotion: Tools and Bridges for Practice, Research, and Social Transformation; Chapter 8	2020	Springer
Health Promotion Foundation	2021	Translation into Persian Jansoz Press
Sexual Health Education for Patient with Breast Cancer	2021	Masgh-e-shab Press Tehran Iran

**Research Projects**

Row	Title	University	Approval Date	End Date	Status/Type
1	Designing and Psychometric Evaluation of a Critical Appraisal Tool for Assessing KAP Peer Studies in Cancer Patients	Shahid Beheshti	-	2022/11/25	Approved, Pending Execution
2	Investigating the Impact of Education based on the Health Belief Model on Preventive Behaviors of COVID-19 in Industrial Workers in Khomein	Arak	2021/08/17	2022/10/12	Completed
3	Designing a Tool and Analyzing the Mental Health Status of Working Women in the Oil Industry and Analyzing the Mental Health of Men in the Petroleum Refining and Distribution Company and Providing Suggestions for Improvement	Iran	2021/01/14	-	Monitoring/Execution
4	Investigating the Impact of COVID-19 on the Lifestyle of Iranians in 2020	Golestan	2020/12/3	2021/06/30	Completed
5	Studying the Sexual Relationships of Married Iranians Based on the Protection Motivation Theory and Related Factors during Home Quarantine for COVID-19 in 2020	Tehran	2020/04/15	2021/04/15	Completed
6	Evaluation of Employees' Perceptions of Safety Culture in a Steel Rolling and Parts	Iran	2011/03/23	2011/08/16	Completed

	Manufacturing Plant based on the Health Belief Model (HBM) - 2011				
7	Developing Program for Health Promoting Hospitals in Qazvin Hospitals	Qazvin University of Medical Sciences	-	-	Completed
8	Internal Evaluation for School of Public Health Group, Qazvin University of Medical Sciences	Qazvin University of Medical Sciences	-	-	Completed
9	Share of Developing Countries in Editorial Boards of International Public Health Journals by International Health Working Group	Qazvin University of Medical Sciences	-	-	Completed
10	Anthropometric Evaluation of Puberty Among All Girls Students of Several Schools in Qazvin City	Qazvin University of Medical Sciences	-	-	Completed

### Advisor and Counseling thesis and Dissertation

- 1- Design and assessment of a preventive behavioral training program for Sexual Transmitted Infections among women **PhD thesis Supervisor**
- 2- Design, implementation, and evaluation of theory-based educational intervention to promote cervical cancer prevention behaviors **PhD thesis Supervisor**
- 3- The effect of an educational intervention based on a mobile educational application on the nutritional behaviors of female high school students in Qom **Msc Dissertation Supervisor**
- 4- The effect of educational intervention on promoting health-oriented adult media literacy based on mobile application **Msc Dissertation Supervisor**
- 5- Designing, implementation and evaluation of educational intervention program using mobile application regarding caring behavior on postoperative in patients undergoing lumbar disc herniation surgery in Fayaz-Bakhsh Hospital. **Msc Dissertation Supervisor**
- 6- Design, implementation and evaluation of educational intervention through Patient Decision Aid (PDA) to select the method of correcting nearsightedness, Farabi Hospital, Tehran, **Msc Dissertation Supervisor**
- 7- The effect of educational intervention based on Motivation- Prevention Theory (PMT) through Mobile-app to promoting preventive behaviors of sexually transmitted infections (STIs) among women in Tehran **Msc Dissertation Supervisor**
- 8- Explaining the consequences of being in virtual social networks on the lifestyle of couples in Zanjan city **Msc Dissertation Supervisor**
- 9- The effect of counseling based on sexual self-efficacy on sexual performance and sexual satisfaction of newly married women, a randomized controlled clinical trial.
- 10- Investigation of the prevalence of sexual dysfunction in women of reproductive age in Zanjan city, **Msc Dissertation Supervisor**
- 11- Designing, implementation and evaluation of an educational intervention regarding preventive behaviors of Covid 19 among health liaisons of shemiranat health network 1399-1400 **Counseling of .Msc Dissertation**
- 12- Design, Implementation and Evaluation of an Educational Intervention Based on Health Belief Model in COVID-19 Preventive Behaviors among teachers of Karaj city 1399-1400 **Counseling of .Msc Dissertation**
- 13- Design, Implementation and Evaluation of an Educational Intervention Based on Health Belief Model in Breast Cancer Preventive Behaviors among Women in Reproductive age Referring to Health Care Centers in Qazvin, **Counseling of .Msc Dissertation**
- 14- Design, Implementation and Evaluation of a Cervical Cancer Prevention Behavior Training Program for Women of Reproductive Age 18-49 in Andimeshk in 2019-2020 **Counseling of .Msc Dissertation**
- 15- effect of educational intervention on gestational weigh gain of pregnant women referring to

Khorram Darreh health care centers in 1397 - 1398: Based on primary prevention approach.

**Counseling of .Msc Dissertation**

16- Investigating the Effect of Educational Intervention on the Principles of Ergonomics working with computer among health care workers in Comprehensive health centers of Sirjan City 2017-2018

**Counseling of .Msc Dissertation**

17- Comparison of two methods of Peer education and classical education on the improvement of oral health behaviors of female student of 6thregioniofTeharan **Counseling of .Msc Dissertation**

18- The effect of educational intervention based on self-efficacy theory on adherence in self-care behavior of oral and dental health students of Kashan city **Counseling of PhD thesis**

19- Design and Evaluation of an educational-supportive program based on Orem Model on self-care behaviors and HbA1c level in type 2 diabetic patients. **Counseling of PhD thesis**

20- Exploring the process of nursing faculty members' competency achievement in e-learning and designing the promotion model **Counseling of PhD thesis**

21- Designing and evaluating a program for promoting sexual satisfaction in married men in Sanandaj City Based on IMB model **Counseling of PhD thesis**

22- The effect of family-centered theory-based intervention to promote preventive behaviors iron deficiency anemia on the primary students in Kabul **Counseling of PhD thesis**

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**Professional Qualifications & Membership**

- Assistant of chief editor and Editorial Board Member of Health Education and Health Promotion Journal. [Link to Journal 2016-Now](#)
- Editorial Board Member of International Journal of Medical Sciences and Nursing Research 2021-2022
- Head of Health Working Group of Iranian Women Association.
- Member of Iranian Women Association of Iran.
- Member of the Board of Health Education and Promotion Association of Iran, 2010-2023.
- Member of the Policy Council of Safety Community of District 2017, Tehran Municipality, Iran.
- Member of the Health Literacy Committee of the Ministry of Health, Iran, 2022-2023.
- Member of the International Union for Health Promotion and Education (IUHPE) from 2010-2017.
- Reviewer and Scientific Committee Member in the First International Congress of Health Literacy 2023, Mashhad, Iran.
- Reviewer and Scientific Committee Member in the 11th National Congress of Self-Care 2023, Tehran, Iran.
- Reviewer in the 8th Festival of Health & Media, Ministry of Health, Tehran, Iran, 2012.
- Reviewer and Scientific Committee Member in the 2nd National Congress of Health Education & Promotion, Kerman University of Medical Sciences, Kerman, Iran, 2014.
- Reviewer in the 9th Festival of Health & Media, Ministry of Health, Tehran, Iran, 2012.
- Reviewer in the 8th Student Congress of Social Determinants of Health, Tehran University of Medical Sciences, Tehran, Iran, 2010.
- Collaborated with IRIB, Radio Salamat, as a narrator for 8 months.

**Workshop /webinars**

**List of several workshop/webinars conducted as instructor and trainer from 2019 to 2023**

- Content creation in Health Education
- Ai in health Education
- RCCE risk communication and community infection
- Health Literacy
- Media Health Literacy
- Infodemi -management
- Health education and promotion strategies
- Application of Chrome Extensions in academic Research
- Toolbox for CC content creation
- Toolbox for a Researcher in medical sciences

**Digital Content Creation and Multimedia Expert**

- Skilled work with Camtasia, Mirro, Gitimind, audacity, Canva, and many online authorship

tools and platform

- Skilled in visualization
- Skilled in making digital booklet
- Making Podcast as a podcaster of Pubreado: <https://shenoto.com/channel/podcast/Pubreado>
- Skilled in references management software/platform: Zotero, Mendely, End Note
- Skilled in developing android based application mobile
- Skilled in moderating online webinar

**Language skills**

- Familiar with Arabic
- Skilled in English (Read and write well)

**Social Media**

- ResearchGate <https://www.researchgate.net/profile/Fatemeh-Zarei>
- Googlescholer: <https://scholar.google.com/citations?user=MYFU8QEAAAAJ&hl=en&authuser=1>
- <https://orcid.org/0000-0003-1561-3646>
- <https://www.webofscience.com/wos/author/record/ITU-6189-2023>
- <https://www.linkedin.com/in/fatemeh-zarei-047109279/>
- <https://www.scopus.com/authid/detail.uri?authorId=15766784900>
- <https://www.semanticscholar.org/author/F.-Zarei/4124650>